

Dan Taflinger

Kokomo, Indiana

CHOLESTEROL ■ INDIGESTION ■ WEIGHT LOSS



On January 2009, I had a blood test to check my cholesterol. My counts were 215 and my triglycerides were 603 while I was on Vytorin 40mg per day, Omeprazole 20mg per day for indigestion, and I weighed 212 lbs.

The first of May 2009, I started eating healthy chocolate. In July I had another test and my counts were cholesterol 191 and triglycerides were 602. Cholesterol

was down a little, and my triglycerides were about the same.

I went back for another blood test on December 8th and received much better results. My cholesterol had dropped to 168 (I have

been checked for the last 15 years, and I have never been below 200 until this year), and my triglycerides had dropped to 339. It was over 1,000 at one time a few years back.

I now weigh 198 lbs. so I have lost 14 lbs. and lowered all of my blood counts eating healthy chocolate as I have not changed anything else in my lifestyle.

Here is the good news! In July, I went off of my Omeprazole for indigestion, and on December 21st, Dr. Gatewood said I could go off of my Vytorin.

The healthy chocolate is making a huge change in my blood counts and the way that I feel.