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ENERGY ■ FIBROMYALGIA ■ PAIN ■ PLANTAR FASCIITIS ■ SLEEP ■ WEIGHT LOSS



I was introduced to healthy chocolate by long-time dear friends. They told us this chocolate was different, and that it would help my Fibromyalgia pain. I was skeptical to say the least. But, I felt it was worth a try.

I had suffered for 15 years. Prescription drugs left me with side effects, so I had resorted to taking Aleve at the suggestion of my family doctor. He suggested I take

one in the morning and one in the evening. I had worked up to four in the morning and four in the evening. Aleve took the edge off my pain; it did not get rid of it. I suffered daily. There were some mornings my husband would have to help me get out of bed.

In May of 2006, I started eating this healthy chocolate. I ate three a day (morning, noon and night). The first thing I noticed was better

sleep in the first week. Within 90 days, I was off all my Aleve and was pain-free. Yes, pain-free!

I have went on to have other results from eating healthy chocolate. My plantar fasciitis went away. I have lost 30 pounds. I have more energy and better mental clarity. That fog of depression that Fibromyalgia brings on was gone.

I am so thankful that these dear friends thought enough of us to share this healthy chocolate with us. Not only has it improved my health, but so many others.

I found I wanted to share this good fortune with others, so they too may experience better health. Like a great movie or great restaurant, we share things we like with others we know and love.