WEEKLY ACTIVITY TRACKING SHEET FOR SUCCESS

NAME	DATE
ID #	XOCAI WEEK #

EXPOSURES	GOAL	SUN	MON	TUE	WED	THU	FRI	SAT	TOTAL
	ENTER QUANTITY								
Brochures Handed Out									
Cards/Lead Info Collected									
CD's Handed Out									
Chocolate Samples Shared									
Wellness Journals Shared									

SHARING THE PLAN	GOAL	SUN	MON	TUE	WED	THU	FRI	SAT	TOTAL
	ENTER QUANTITY								
3-Way Calls and Upline Introductions									
Chocolate Tastings or Biz Opp Meetings									
Events or Networking Meetings									
Mentoring Downline									
One-on-One Carhood Presentations									
Follow-Up by Phone									
Follow-Up in Person									

Learn to work harder on yourself than you do on your job. **- John Rohn**

PERSONAL DEVELOPMENT	GOAL	SUN	MON	TUE	WED	THU	FRI	SAT	TOTAL
	ENTER QUANTITY								
Fitness Activity									
Listened to a CD									
Participated in a Training Call									
Read a Book (10 minutes per day)									
Watched a DVD									

NEW PEOPLE STARTED IN BIZ	GOAL	SUN	MON	TUE	WED	THU	FRI	SAT	TOTAL
	ENTER QUANTITY								
Personally Sponsored									
Team Sponsored									
Total New Team Members									